



**NEW**

Medical Spa **MD**  
Training Series

**Advanced**

# Medical Spa Aesthetics Training

Medical Spa Training Course & Study Guide

Paula Di Marco Young, B.S, R.N.

Contributions by  
Nicole Alabovitz, L.E.

Medical Editor  
Thomas E. Young, M.D.

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# Preface

Welcome to the advanced education section of your field of study. The following instructional manual was written give you the information you need to take your career to a new level. While this manual is written as an advanced curriculum for Estheticians working in the most advanced medical spas and often refers to 'Estheticians', the information provided is just as valuable for laser technicians and staff members working in a cosmetic medical practice.

The career opportunities for estheticians, laser technicians and medical spa staff have increased dramatically over the last decade with the introduction of advanced therapeutics in skin care. Dermatologists, Plastic Surgeons, Internists, Ophthalmologists, Dentists and other medical practitioners are adding non-invasive and minimally invasive therapies to their menu of services. Estheticians are now adding deep chemical peels, microdermabrasion, lasers and intense pulse light therapies to their menu of aesthetic services.

Estheticians and medical spa staff desiring to enter this exciting and challenging field will benefit from the knowledge base acquired upon completion of these learning materials.

As an Esthetician, you are now crossing the line from treating clients to treating patients. All the components of esthetic care play an even more important role when designing a post-procedure treatment plan for the patient who just underwent a deep chemical peel for acne scarring or the Rosacea patient who just completed her first intense pulse light treatment. It's important to remember that you are the skin care expert in your recommendations of skin care products and regimens to your clients. However, you are also a critical adjunct to the physician who has planned an aggressive therapy treatment for his patient.

With your patient-based focal point in mind, let us begin to understand and embrace the advancements in non-surgical cosmetic medicine.

There are many avenues in the Esthetics industry that one could travel to find success. One such avenue is the attraction to being an entrepreneur, or self-employed. This section will help to determine the expectations of a business and its owner.

Note: The information provided is NOT to be taken as medical advice or a recommendation for any specific treatment. The decision as to which services aestheticians perform in practices and medical spas is ultimately up to the sole discretion of the supervising physician or medical director. Remember, you do not have any medical licensure and can not treat ANY patient unless explicitly directed to do so by your supervising physician or licensed medical provider. State laws differ greatly in this regard and you are responsible for knowing what services you can perform, and those which you can not. Information is always available at [MedicalSpaMD.com](http://MedicalSpaMD.com)



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## Using This Study Guide

Welcome to the Study Guide portion of Advanced Medical Spa Aesthetics Training. This guide is designed to work in conjunction with the Advanced Medical Spa Aesthetics Training Manual to facilitate learning and retention of that material.

This course and guide are already used by cosmetic practices and aesthetic schools as approved curriculum for non-physicians.

As a cosmetic medical practice, you'll be able to use this course and guide to train new hires, and further the education of your existing clinic staff to better understand the myriad of cosmetic treatments that you offer, and those that your patients may be asking about.

Note: The information provided is NOT to be taken as medical advice or a recommendation for any specific treatment. The decision as to which services aestheticians perform in practices and medical spas is ultimately up to the sole discretion of the supervising physician or medical director. Remember, you do not have any medical licensure and can not treat ANY patient unless explicitly directed to do so by your supervising physician or licensed medical provider. State laws differ greatly in this regard and you are responsible for knowing what services you can perform, and those which you can not. Information is always available at [MedicalSpaMD.com](http://MedicalSpaMD.com)